

# Chronic Conditions Self Management—The Flinders Program

## DATE CHANGE

**Friday 07 May &  
Saturday 8 May  
2010**

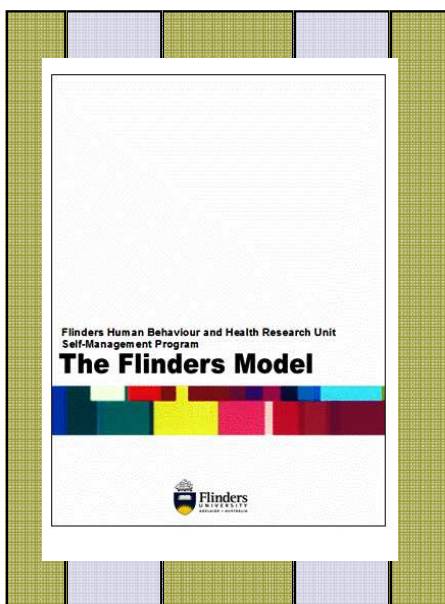
**Registration Cost:  
\$250.00**

*Limited to 12  
participants*

The workshop aims to provide each participant with the:

- Understanding of the theory and evidence of chronic disease and self-management
- Understanding of the Stages of Change and motivation
- Ability to use self-management assessment tools (including the Partners in Health Scale and Cue & Response interview)
- Ability to use the problems and goals approach
- Ability to develop self-management care plans, and
- Knowledge of a range of self-management interventions and strategies

For further information contact 4725 8915 or [contact@tgpn.com.au](mailto:contact@tgpn.com.au)



**If you are interested in  
attending please complete  
the registration form by  
Tuesday 04th May 2010**



RACGP: Category 1  
event with 40 points -  
Activity No. 744401.