

SH&FPA Certificate in Sexual and Reproductive Health 2010

The SH&FPA Certificate in Sexual and Reproductive Health is recommended for medical practitioners who wish to increase their knowledge and clinical skills in sexual and reproductive health.

The certificate is particularly suitable for GP registrars; rural or other GPs who frequently deal with women's health; doctors undertaking the DRANZCOG and those who wish to work in primary health, sexual health or family planning clinics.

Course Objectives

- expand knowledge of sexual and reproductive health and contraceptive techniques
- further develop communication skills, in areas such as contraceptive choice, STI's, common gynaecological problems, pregnancy issues and sexuality
- develop clinical skills that complement the theoretical aspects of the course

Course Structure

The course consists of three learning modules:

- a six day theoretical component
- an assessment session (MCQ & OSCE) that takes place on the final day of the theory
- a clinical component involving a minimum of seven sessions, flexibly arranged to suit the practitioner at one of the six FPQ clinics throughout Queensland

CPD points available

RACGP & ACCRM points are awarded for the 2008-2010 triennium (Women's Health points apply)

- Module 1 (theory) & Module 2 (OSCE) = 40 category 1 points
- Module 3 (clinical training) = 40 category 1 points

To complete the clinical attachment doctors must be registered with the Queensland Medical Board and have medical indemnity cover.

Participants may be eligible for Rural and Remote Procedural Grants.

For further details visit our website: www.fpq.com.au/training/clin_courses_doctors.php or phone (07) 3250 0240. To register, complete registration form below and fax to 07 3250 0294.

Location:	Course dates:	Select (Please tick)	Early bird registration:	Payment options:	
1. Brisbane	14 - 19 March 2010	<input type="checkbox"/>	29 January 2010	Full Certificate	\$1500
				Early bird & GP registrars	\$1400
				Theory only	\$1000
2. Brisbane	22 - 27 August 2010	<input type="checkbox"/>	10 July 2010		

Name _____ RACGP QA&CPD No. _____ ACCRM No. _____

Organisation _____

Address _____ Post code _____

Contact No. W _____ M _____ Email _____

Paying by: Cheque (enclosed) Purchase Order No. Bankcard/Visa/Mastercard (circle) \$ _____

Card number _____ Expiry Date _____ 3 digit security no. _____

Cardholder's Name _____ Signature _____





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Sexual Health & Family Planning Australia (SH&FPA)

Certificate in sexual and reproductive health 2010

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Cervical screening workshops for GPs

These programs are funded by Queensland Health and include full day workshops and evening updates.

Content

- **Practical skills** in speculum examination, locating cervix and collecting smears
- **Principles of population health and screening** including systematic approaches to screening and strategies to assist in service provision to women with specific needs
- **Interactional and communication skills** including understanding of women's concerns and priorities, and strategies to address physician discomfort in performing sensitive examinations
- **Current understanding of the aetiology of cervical cancer** including the role and natural history of Human Papilloma Virus (HPV) infection
- Interpretation of laboratory QA reports for Pap smears
- **NHMRC guidelines** for the treatment of asymptomatic women with screen-detected abnormalities

(RACGP QA & CPD points in categories 1 & 2)

IUD insertion training

The *IUD/Mirena Insertion Training* provides doctors with supervised clinical training for the insertion of copper and progestogen bearing IUDs. This training is only suitable for GPs with a high level of experience/training in women's health.

Course structure

To successfully complete this course, participants must complete each of the following components:

- Pre-reading
- Clinical sessions
- IUD workbook
- Reinforcing activity

Prerequisites

- Queensland Medical Board registration and current indemnity insurance
- Significant experience in women's sexual and reproductive health
- Recommended completion of the *SH&FPA Certificate in Sexual & Reproductive Health*

GP practice nurse training

FPQ offers accredited courses, seminars and professional development opportunities to registered/enrolled nurses in sexual and reproductive health.

FPQ courses/seminars for 2010:

- *Pap Smear Provider Module*
- *Introduction to Sexual & Reproductive Health Theory*
- *Clinical Aspects of Sexual & Reproductive Health Course*
- *Clinical Attachment Module*
- *Issues in Contraception Seminars*

For further details phone 3250 0240 or visit our website:

www.fpq.com.au

Adolescent sexual health ALM

This module is intended to support GPs' work with adolescents in the important area of sexual and reproductive health. At the completion of the module participants will be able to:

- Manage and follow up adolescent sexual and reproductive health problems
- Demonstrate confidence in discussing sexual health with clients
- Reflect on their own attitudes and values in relation to sexuality and sexual health
- Demonstrate communication skills appropriate for effectively engaging with adolescent patients
- Demonstrate use of the HEADSS assessment tool
- Discuss contraceptive methods appropriate for adolescent patients
- Discuss common STIs and their modes of transmission, prevention, diagnosis and treatment in adolescent patients
- Identify appropriate referral sources for adolescents with sexual health problems
- Review tools and protocols in own practice for assessment of competency to consent to treatment and child protection reporting in the treatment of adolescents

RACGP 40 category Group 1 CPD points.

Resources

The Contraceptive choices flip chart



A 28 page A4 sized laminated flip chart, comprising full colour graphics and information about different methods of contraception. Updated August 2009

Sexual and reproductive health & BBV resources CD



This CD provides up-to-date and accessible information for health professionals working in sexual and reproductive health.

The CD contains factsheets from over 20 organisations including a range of FPQ factsheets and brochures covering all contraceptive methods and sexuality information to support young people; parents; people with disability and their carers. FPQ factsheets can also be purchased in bulk or printed directly from our website.

Contraception: an Australian clinical practice handbook

Second edition available now

produced and published by Sexual Health & Family Planning Australia (SH&FPA)

The second edition of the handbook, co-authored by medical experts from member organisations of SH&FPA, has been updated to include the latest international research and expert opinion on all methods of contraception.

It aims to support and promote optimal clinical practice by providing GPs and nurses with evidence-based consensus recommendations on contraceptive delivery in the Australian setting.

